



Holmdel Youth Activities Association  
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## ***Trainer-led Softball Pitching Clinics*** **REGISTRATION FORM**

Youth's Name: \_\_\_\_\_  
Last First

Address: \_\_\_\_\_ Telephone #: \_\_\_\_\_

Current Grade: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Parent's E-Mail: \_\_\_\_\_

Our HYAA softball pitching clinic is a new program starting in Holmdel in an effort to develop many talented pitchers to support our rec, travel and school programs. This introduction to pitching is the first in a series of progressive pitching clinics HYAA will offer our female athletes. They will run in six or eight week cycles and our goal is to have our players progress through the programs over a nine to twelve month period. There is no obligation to continue and players can drop out at any time. The clinic will be led by Suzanne Hennessey, a former Division 1 pitcher at St. Peter's college and an experienced player and coach.

Private pitching lessons can run \$100 an hour or more and this program is designed to be an affordable alternative until the pitchers reach a level where private instruction becomes the next level of training.

Our initial registration will close with six (6) pitchers on a lottery basis and we will start new programs approximately every six to seven weeks. The pitchers that "graduate" from the introductory clinic will have the option to move to an intermediate clinic and so on, provided they have developed the necessary skills.

**Registrants should be between the ages of 8-10 years old on or before December 31, 2015.** The clinic will run on Sunday mornings from 9:00 – 10:00 a.m. in the Village School All Purpose room. Clinic dates are February 7, 21, 28, & March 6, 13, 20. The clinic will cover:

- The correct mechanics on how to throw a softball pitch; Correct stance when throwing a pitch
- How to grip the ball when pitching; Correct release snap; Defensive stance after pitch is released

The cost for the six-week clinic is \$120 and checks made payable to **HYAA** re: softball pitching clinic. Forms and checks should be mailed to the HYAA office and received no later than February 1, 2016.

Please contact the HYAA office or John Migliazza at 732.939.8864 or [jmigliazza@verizon.net](mailto:jmigliazza@verizon.net) with questions.

1. I am personally satisfied as to my youth's fitness to participate in this activity. HYAA strongly recommends that you seek professional medical advice if there is any doubt about your child's fitness to participate in this activity.
2. HYAA does not promote, encourage or guarantee player requests. We try our best to be sensitive to unique individual circumstances. However, with a program that serves over a thousand children, it is not practical or logistically possible to honor every request. If you have a particular concern other than carpool convenience or playing with friends, please discuss with our administrators at the time of registration.
3. In case of emergency you should contact:

Primary: \_\_\_\_\_ Cell# \_\_\_\_\_

Secondary: \_\_\_\_\_ Cell# \_\_\_\_\_

By attaching my signature hereto, I certify that the above information is true and correct to the best of my knowledge

\_\_\_\_\_  
 Parent or Guardian's Signature