

HYAA 2017 Boys Lacrosse Program Overview

HYAA will offer 3 boys teams for the Spring 2017 Season as well as our K-2nd Instructional Skills Clinic.

Please read the breakdown of the different offering below:

3rd-8th Teams – 1st week of March thru Mid- June (practice 2-3 days per week)

We will offer 3 boys teams for the Spring 2017 Season, one 3rd/4th grade team, one 5th/6th grade team, and one 7th/8th grade team. All 3 teams will be truly competitive, with mandatory attendance at practices and games. In fairness to the boys who attend all practices, players who miss practices will have reduced playing time during games.

HYAA will consider adding a second team to a grade level if there are enough registrations.

Holmdel Youth Lacrosse competes in the Coastal Lacrosse League with 11 other towns. This is a town only league which is intended to keep the level of competition balanced. There will be a full schedule which will include standings, playoffs and championships

K-2nd Instructional Skills Clinic -9:00 - 10:30 am Sunday mornings – April 23rd – June 11th

This year we will continue to offer Boys K-2nd Instructional skills Clinic on Sunday mornings. The clinic is run by Kevin Buchan and Dave Perrotti, both lifelong lacrosse players who played for Rutgers University and Bridgewater High School. For the past 3 years we have had overwhelming success with our K-2 Clinic with approximately 15 3rd graders moving onto our competitive travel teams feeding our program each year.

We will also set up a few controlled scrimmages with surrounding towns to get the boys the feeling of playing in game situations. Volunteers who would like to get involved are welcomed

Required equipment for the 3rd – 8th grade Teams and Clinic Teams and K-2nd Instructional Skills

Clinic: Helmet, gloves, shoulder pads, arm pads, mouth guard, athletic supporter, cleats, stick (soft mesh). We strongly suggest you talk to the sales people as some equipment runs large or small and thus there is an element of tailoring to your child.