



## HYAA 2018 Girls Lacrosse Program Overview

### REGISTRATION BEGINS ON MONDAY, JANUARY 8TH

HYAA will offer 3 girls teams for the Spring 2018 Season as well as our K-2<sup>nd</sup> Clinic (a separate overview will be sent for clinic).

Team Program Offering:

- \$125 early bird registration starts on Monday, January 8<sup>th</sup> and ends on Friday, February 2<sup>nd</sup>. \$150 regular registration fee starts Saturday, February 3<sup>rd</sup>. Leagues do close so register early.
- Team Season starts week of March 5, 2018 and will continue up to the last week of May.
- Practices on Tuesday, Thursday, or Friday night. 2 per week.
- 10-12 games plus one tournament
- Coastal Lacrosse League Participant

**3<sup>rd</sup>-4<sup>th</sup>:** **Head Coach: Otto Betz** The 3/4 playing experience is truly an introduction to the game of girls' lacrosse. The girls play 7vs7 on a shortened field. The officials are very supportive of this age level and do a lot of teaching while they officiate.

**5<sup>th</sup>-6<sup>th</sup>:** **Head Coach: Howard Shallcross** (*Level 1 Certified Lacrosse Coach*) At this level the girls will play full field/full squad lacrosse. This is a competitive level. All levels of experience are welcome. Practice is mandatory for playing time. There will be a developmental squad (skill focus) for newer players and an advanced squad for girls who have competitive game experience.

**7<sup>th</sup>-8<sup>th</sup>:** **Head Coach: Kay Chen** (*Women's Lacrosse D-1 Temple*)

This level will play full field/full squad lacrosse. All levels of experience are welcome.

**Equipment:** All participants will be required to wear US Lacrosse Certified Goggles, Stick, Mouth guard, and cleats.

**Team Uniforms:** Girls who have their uniforms from last year will be able to use them again. For participants who want a new uniform or who have not played before, there will be a uniform order period (additional charge \$40).

**Volunteers:** HYAA is a volunteer organization. We can always use parents to participate in many ways. There is a specific need for assistant coaches to help the head coach manage practices and the sidelines during games.

**The HYAA organization has moved to a TeamSnap registration process. TeamSnap is an online and mobile-enabled sports team management application that allows our league, coaches and parents a more efficient means of communicating schedules and team events. If you do not have a TeamSnap account, you will be asked to create one as you register (requires an email address and password). Please register using the online form found on our website's LACROSSE page ([www.HYAA.org](http://www.HYAA.org)). EVERYONE MUST CREATE A FAMILY ACCOUNT and register your child(ren) on TeamSnap. You can pay online by credit card or forward a check to the HYAA office. If you pay by check, please make sure that you put your child's name and SPORT on the re line of the check or on a separate piece of paper when dropping off or mailing to the office (PO Box 49 Holmdel, NJ 07733).**

**HYAA is not an affiliate of the Holmdel Board of Education**