



HYAA 2019 Girls Lacrosse Program Overview

REGISTRATION BEGINS ON FRIDAY, JANUARY 4TH

HYAA will offer 3 girls teams for the Spring 2019 Season as well as our K-2nd Clinic (a separate overview will be sent for clinic).

Team Program Offering:

- \$150 early bird registration starts on FRIDAY, January 4th and ends on Friday, February 1st. \$175 regular registration fee starts Saturday, February 2nd. Leagues do close so register early.
- Team Season starts week of March 1, 2019 and will continue up to the last week of May.
- Practices on Tuesday, Thursday, or Friday night. 2 per week.
- 10-12 games plus one tournament
- Coastal Lacrosse League Participant(CLL)

3rd-4th: Head Coach: Michael Flaherty The 3/4 playing experience is an introduction to the game of girls' lacrosse. The girls play 7vs7 on a shortened field. The officials are very supportive of this age level and incorporate teaching into their officiating duties.

5th-6th: Head Coach: Otto Betz At this level the girls will play full field/full squad lacrosse. This is a competitive level. All levels of experience are welcome. Practice is mandatory for playing time.

7th-8th: Head Coach: Howard Shallcross(Level II Certified Lacrosse Coach)

This level will play full field/full squad lacrosse. All levels of experience are welcome. Practice is mandatory for playing time. There will be a CLL squad and a 7th grade selects squad for girls who have higher level competitive game experience.

Equipment: All participants will be required to wear US Lacrosse Certified Goggles, Stick, Mouth guard, and cleats.

Team Uniforms: Girls who have their uniforms from last year will be able to use them again. For participants who want a new uniform or who have not played before, there will be a uniform order period (additional charge \$40).

Volunteers: HYAA is a volunteer organization. We encourage parents to participate in many ways. There is a specific need for assistant coaches to help the head coach manage practices and the sidelines during games.

The HYAA organization has moved to a TeamSnap registration process. TeamSnap is an online and mobile-enabled sports team management application that allows our league, coaches and parents a more efficient means of communicating schedules and team events. If you do not have a TeamSnap account, you will be asked to create one as you register (requires an email address and password). Please register using the online form found on our website's LACROSSE page (www.HYAA.org). EVERYONE MUST CREATE A FAMILY ACCOUNT and register your child(ren) on TeamSnap. You can pay online by credit card or forward a check to the HYAA office. If you pay by check, please make sure that you put your child's name and SPORT on the re line of the check or on a separate piece of paper when dropping off or mailing to the office (PO Box 49 Holmdel, NJ 07733).

HYAA is not an affiliate of the Holmdel Board of Education